

Name: _____ Date: _____
(Last) (First) (M.I)

Address: _____
(House/Apt#) (Street) (City) (State) (Zip)

Home Phone: _____ Cell Phone: _____

Date of Birth: _____ Employer/Occupation: _____

Work Phone: _____ Email: _____

Physician: _____
(Name) (Name of Clinic) (Phone)

#1 Emergency Contact: _____
(Name) (Phone) (Relationship)

How did you hear about Elite Massage?: _____

Have you ever had a professional massage before? Yes No If yes, how often? _____

Reason for Visit? _____

Do you prefer a firm, deep tissue massage, or a light pressure massage? _____

Please mark appropriate problem areas:

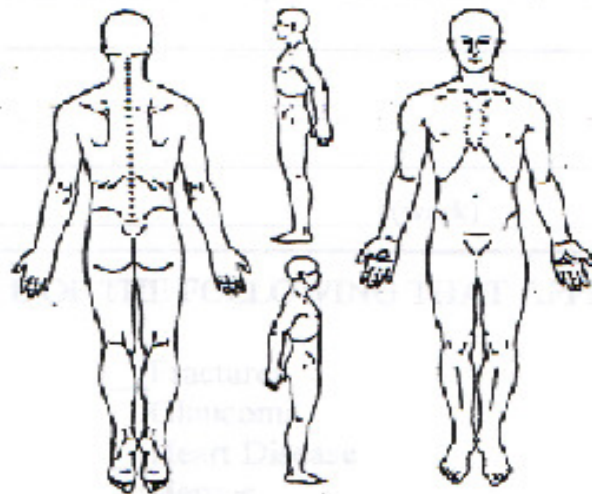
Inflammation

Spasm

Bruise

Tender Point

Pain



Are you currently taking any medication? Yes No
If yes, please list the medications: _____

Please list all vitamins/supplements you are currently taking _____

Have you recently had any major surgeries? Yes No
Date of surgery: _____

Is your condition work or auto crash related? Yes No
If yes, please describe: _____

Date of injury: _____

Are you currently making visits to a physician, chiropractor, or physical therapist for an ongoing problem? Yes No

If yes, please describe: _____

A checklist of information and various conditions that may help the therapist screen for contraindications or use adaptive measures during treatment. Please check all that apply.

- | | | |
|--------------------------|----------------------------|----------------------------|
| Acid Reflux | Fatigue | Plantar Fasciitis |
| Alcohol use: _____ | Fibromyalgia | Phlebitis |
| Allergies | Foot problems | Pregnant |
| Arthritis | (including bunions, corns, | Rashes |
| Autoimmune disorder | plantar warts, calluses, | Sciatica |
| (HIV/AIDS) | Problems walking | Scoliosis |
| Bladder infection | Headaches or migraines | Sensitivity to cold, heat, |
| Breathing problems | Hearing impaired | or pressure |
| Bruise easily | Heart condition | Sinus Congestion |
| Bursitis | Herpes/shingles | Sleep disorders |
| Cancer: _____ | High blood pressure | Skin conditions |
| Carpal tunnel syndrome | Indigestion | Sore Muscles |
| Cerebral Palsy | Infectious disease (please | Spasms/Cramps |
| Chronic Fatigue Syndrome | list)_____ | (TMJ) disorder |
| Chronic Pain | Intestinal gas/bloating | Tendonitis |
| Colitis | Irritable bowel syndrome | Thoracic outlet syndrome |
| Constipation | Low back pain | Varicose veins |
| Contact lenses | Low blood pressure | Ulcers |
| | Lymphedema | UTI |
| Crohn's Disease | Mid Back Pain | |
| Diabetes | Multiple Sclerosis | |
| Diarrhea | Neck Pain | |
| Diverticulitis | Nervous stomach | |
| Dizziness | Neurological disorders | |
| Osteoporosis | Vertebral disc problems | |
| Epilepsy | Paralysis | |
| Fainting | Parkinson's disease | |

Other congenital or acquired disabilities (please list):_____

Informed Consent

The above information is accurate to the best of my knowledge and I freely give my permission to be massaged. I agree to inform the therapist of any experience of pain during the session. I understand this does not deter me from seeking medical treatment for medical conditions. I understand that no inappropriate comments or conduct will be tolerated. Any indication of such behavior will automatically end the session.

I agree to update the massage therapist in regards to changes in my health and understand that there shall be no liability on the therapists part should I forget to do so. I agree to hold harmless the establishment, all management, including volunteers, from and against any and all claims. I agree to handle suit at its sole expense and agree to bear all costs related even if claims, etc. are groundless, false and fraudulent.

Signature

Date

Guardian's Signature (If under 18)

Date